Psalms to Pray For Children

50 verses • 4:16 reading time • World English Bible

Psalm 102

1 A Prayer of the afflicted, when he is overwhelmed and pours out his complaint before the LORD. Hear
my prayer, LORD! Let my cry come to you. 2 Don’t hide your face from me in the day of my distress.
Turn your ear to me. Answer me quickly in the day when I call. 3 For my days consume away like
smoke. My bones are burned as a torch. 4 My heart is blighted like grass, and withered, for I forget to
eat my bread. 5 By reason of the voice of my groaning, my bones stick to my skin. 6 I am like a
pelican of the wilderness. I have become as an owl of the waste places. 7 I watch, and have become like
a sparrow that is alone on the housetop. 8 My enemies reproach me all day. Those who are mad at me
use my name as a curse. 9 For I have eaten ashes like bread, and mixed my drink with tears, 10 because
of your indignation and your wrath; for you have taken me up and thrown me away. 11 My days are like
a long shadow. I have withered like grass. 12 But you, LORD, will remain forever; your renown
endures to all generations. 13 You will arise and have mercy on Zion, for it is time to have pity on her.
Yes, the set time has come. 14 For your servants take pleasure in her stones, and have pity on her dust.
15 So the nations will fear the LORD’s name, all the kings of the earth your glory. 16 For the LORD has
built up Zion. He has appeared in his glory. 17 He has responded to the prayer of the destitute, and has
not despised their prayer. 18 This will be written for the generation to come. A people which will be
created will praise the LORD, 19 for he has looked down from the height of his sanctuary. From
heaven, the LORD saw the earth, 20 to hear the groans of the prisoner, to free those who are condemned
to death, 21 that men may declare the LORD’s name in Zion, and his praise in Jerusalem, 22 when the
peoples are gathered together, the kingdoms, to serve the LORD. 23 He weakened my strength along the
course. He shortened my days. 24 I said, “My God, don’t take me away in the middle of my days. Your
years are throughout all generations. 25 Of old, you laid the foundation of the earth. The heavens are the
work of your hands. 26 They will perish, but you will endure. Yes, all of them will wear out like a
garment. You will change them like a cloak, and they will be changed. 27 But you are the same. Your
years will have no end. 28 The children of your servants will continue. Their offspring will be
established before you.”

Psalm 103

1 By David. Praise the LORD, my soul! All that is within me, praise his holy name! 2 Praise the LORD,
my soul, and don’t forget all his benefits, 3 who forgives all your sins, who heals all your diseases, 4
who redeems your life from destruction, who crowns you with loving kindness and tender mercies, 5
who satisfies your desire with good things, so that your youth is renewed like the eagle’s. 6 The LORD
executes righteous acts, and justice for all who are oppressed. 7 He made known his ways to Moses, his
deeds to the children of Israel. 8 The LORD is merciful and gracious, slow to anger, and abundant in
loving kindness. 9 He will not always accuse; neither will he stay angry forever. 10 He has not dealt
with us according to our sins, nor repaid us for our iniquities. 11 For as the heavens are high above the
earth, so great is his loving kindness toward those who fear him. 12 As far as the east is from the west,
so far has he removed our transgressions from us. 13 Like a father has compassion on his children, so
the LORD has compassion on those who fear him. 14 For he knows how we are made. He remembers
that we are dust. 15 As for man, his days are like grass. As a flower of the field, so he flourishes. 16 For
the wind passes over it, and it is gone. Its place remembers it no more. 17 But the LORD’s loving
kindness is from everlasting to everlasting with those who fear him, his righteousness to children’s
children, 18 to those who keep his covenant, to those who remember to obey his precepts. 19 The

LORD has established his throne in the heavens. His kingdom rules over all. 20 Praise the LORD, you angels of his, who are mighty in strength, who fulfill his word, obeying the voice of his word. 21 Praise the LORD, all you armies of his, you servants of his, who do his pleasure. 22 Praise the LORD, all you works of his, in all places of his dominion. Praise the LORD, my soul!