

Psalm 30 | Joyful Transformation | Triumph Over Trials

12 verses • 1:11 reading time • World English Bible

Psalm 30

¹ A Psalm. A Song for the Dedication of the Temple. By David. I will extol you, LORD, for you have raised me up, and have not made my foes to rejoice over me. ² LORD my God, I cried to you, and you have healed me. ³ LORD, you have brought up my soul from Sheol. You have kept me alive, that I should not go down to the pit. ⁴ Sing praise to the LORD, you saints of his. Give thanks to his holy name. ⁵ For his anger is but for a moment. His favor is for a lifetime. Weeping may stay for the night, but joy comes in the morning. ⁶ As for me, I said in my prosperity, "I shall never be moved." ⁷ You, LORD, when you favored me, made my mountain stand strong; but when you hid your face, I was troubled. ⁸ I cried to you, LORD. I made supplication to the Lord: ⁹ "What profit is there in my destruction, if I go down to the pit? Shall the dust praise you? Shall it declare your truth?" ¹⁰ Hear, LORD, and have mercy on me. LORD, be my helper." ¹¹ You have turned my mourning into dancing for me. You have removed my sackcloth, and clothed me with gladness, ¹² to the end that my heart may sing praise to you, and not be silent. LORD my God, I will give thanks to you forever!